



Please see end of list for extremely aggressive natives that will take over areas of invasives with a little control of the invasives – i.e. do not plant them where you want plants that will not rapidly expand – and “deer candy” (i.e. plant and weep later)

List from Laurie Taylor-Mitchell, Co-Coordinator, Weed Warriors, Cromwell Valley Park

Perennial Flowers and plants – Deer resistant

*Asterisk indicates plant especially beneficial for butterflies, other pollinators, or caterpillars

Sun:

- *Orange Butterfly Weed (*Asclepius tuberosa*)
- *Common Milkweed (*Asclepius syriaca*)
- *All native Goldenrods (*Solidago*)
- *Mountain Mint: Clustered Mountainmint (*Pycnanthemum muticum*) and Hoary Mountainmint (*Pycnanthemum incanum*); Narrow-leafed mountain mint
- Common Boneset (*Eupatorium perfoliatum*)
- *Late Blooming Boneset
- Common Sneezeweed (*Helenium autumnale*)
- Amsonia (*Amsonia Hubrichtii*) (sun to partial shade)
- Green-Headed Coneflower (*Rudbeckia laciniata*)

Moister areas:

- *Swamp Milkweed (*Asclepias incarnata*)
- *Bee Balm (*Monarda fistulosa* and *Monarda didyma*)
- *HorseMint (*Monarda punctata*) – fussy, I’ve never had it go for more than 2-3 years as a perennial

Grasses – normally deer do not bother our native grasses

- Grasses and Grasslike Plants for Piedmont Region
- <http://www.nps.gov/plants/pubs/nativesmd/lists.htm>
- Switch Grass (*Panicum virgatum*)
- Muhly Grass (*Muhlenbergia capillaris*)
- Purple Love Grass (*Eragrostis spectabilis*)
- Little Bluestem (*Schizachyrium scoparium*)

Vines:

- *Coral Honeysuckle (*Lonicera sempervirens*) hummingbirds

Deer Resistant Full Sun to Part Shade:

- Wild Geranium (*Geranium maculatum*)
- Cranesbill (*Geranium carolinianum*)



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Shade

- Fringed Bleeding Heart (*Dicentra eximia*)
- Foamflower (*Tiarella cordifolia*)
- *Virginia Bluebells (*Mertensia virginica*)
- *Wood Asters (may be browsed but not destroyed)
- Christmas ferns (*Polystichum acrostichoides*)
- Cinnamon ferns (*Osmunda cinnamomea*)

Moister areas: Ferns – deer do not bother them

Ferns

- Ostrich Fern (*Matteuccia struthiopteris*)
- Christmas Fern (*Polystichum acrostichoides*)
- Marginal Wood Fern (*Dryopteris marginalis*)
- Cinnamon Fern (*Osmundastrum cinnamomeum*)
- Hay Scented Fern (*Dennstaedtia punctilobula*) aggressive
- Wild Ginger (*Asarum canadense*) browsed in the fall but not destroyed

Plants you may be able to get away with even with major deer pressure

Sun

- *Joe Pye Weed (*Eupatorium purpureum*) browsed when young
- *Coneflower (*Echinacea purpurea*) – browsed and then as leaves get coarse usually left alone
- *New York Ironweed (*Vernonia novaboracensis*) browsed but usually not destroyed -gets tall, plant at back of a garden bed where they have difficulty getting to it
- *Blazing Star (*Liatris spicata*)



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Aggressive Natives that will rapidly take over areas previously infested with invasives and/or will compete successfully with invasives with some control of them

Sun

- *Wingstem (*Verbesina alternifolia*)
- *Trumpet Honeysuckle (*Lonicera sempervirens*) -hummingbirds – aggressive but flowers are spectacular

Sun/Part Sun/Shade

- Golden Ragwort (*Packera aurea*) - beautiful yellow flowers in the spring – last for weeks. Have never seen deer browse it. Will take over where it's happy.
- Virginia Creeper (*Parthenocissus quinquefolia*)
– vines climb everywhere but a great ground cover if you have a large area w/o trees – berries eaten by birds
- Northern Sea Oats (*Chasmanthium latifolium*)
- *Blue/Purple Mistflower (*Eupatorium Coelestinum*) - incredibly adaptable plant with a massive root mat that eventually displaces most other plants, beautiful in fall and flowers great for later pollinators
- *Spotted Jewelweed (*Impatiens capensis*) - deer will eat but don't kill it and if you have a good stand of it, will only eat about the first 12 inches or so inward
- *White Snakeroot (*Eupatorium rugosum*) – toxic to cattle, do not plant near farms

I have Goldenrod and Wingstem growing in full shade this year!



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DEER CANDY – AVOID IF POSSIBLE OR PROTECT W/FENCING OR NETTING OR SPRAY FREQUENTLY WITH REPELLENT

Hosta – all varieties

Lilies – many varieties

<i>Botanical name</i>	Common name
<i>Abies balsamea</i>	Balsam Fir
<i>Abies fraseri</i>	Fraser Fir
<i>Acer platanoides</i>	Norway Maple
<i>Cercis canadensis</i>	Eastern Redbud
<i>Chamaecyparis thyoides</i>	Atlantic White Cedar
<i>Clematis spp</i>	Clematis
<i>Cornus ma</i>	Cornelian Dogwood
<i>Euonymus alatus</i>	Winged Euonymus
<i>Euonymus fortunei</i>	Wintercreeper
<i>Malus spp.</i>	Apples
<i>Prunus spp</i>	Cherries
<i>Prunus spp</i>	Plums
<i>Rhododendron spp.</i>	Rhododendrons
<i>Rhododendron spp.</i>	Evergreen Azaleas
<i>Rhododendron catawbiense</i>	Catawba Rhododendron
<i>Rhododendron periclymenoide</i>	Pinxterbloom Azalea
<i>Rosa (x) hybrid</i>	Hybrid Tea Rose
<i>Sorbus aucuparia</i>	European Mountain Ash
<i>Taxus spp</i>	Yews
<i>Taxus baccata</i>	English Yew
<i>Taxus brevifolia</i>	Western Yew
<i>Taxus cuspidata</i>	Japanese Yew
<i>Taxus (x) medi</i>	English/Japanese Hybrid Yew
<i>Thuja occidentalis</i>	American Arborvitae

Best local place to buy native plants in my opinion:

Herring Run Nursery – non-profit (supporting Blue Water Baltimore), open in spring and fall, all types of native herbaceous plants, shrubs and trees – very knowledgeable staff!

<https://herringrunnursery.bluewaterbaltimore.org/>

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